

Meet Vicki Urban



The Networker

Although this month's spotlight hasn't been a Women's Network member long, she is easily recognizable in the crowd. Vicki Urban's bright pink hair gives her away.

A dog groomer with Coats and Tails Grooming by day, Vicki is Pinkee B. Witch of the Rushmore Rollerz by night.

"So in other words my customers know me as the pink haired one who cuts their dogs' hair, and my close friends know me as Pinkee B. Witch, the one to go to get things done for our team!"

Vicki's love of animals made her first career choice easy.

"Dog grooming came easy as this was something I've wanted to do forever," she said. "I grew up with animals and this was a field where the need for a professional to do the job is always there, no matter the economic situation people always put their pets looks and comfort as close too first as they can."

Vicki says her job is high stress, but she loves it.

"Trust me when I say that every monkey with a shampoo bottle is not a groomer," said Vicki, who learned the trade by shadowing a groomer with more than 30 years experience. "It is a tough field with high burnout, lots of stress, and it wears on you physically as well, but I truly do enjoy my customers and their pets."

The decision to become active in roller derby was more difficult.

"My sister-in-law is Red Thunder of The Sioux Falls Roller Dolls and has been there since their begining," Vicki said. "She finally convinced me that this was something I could do, and I took that bull by the horns, and what a ride it has been! Roller Derby has improved my physical, emotional, and mental health greatly! I have gained a confidence that I never knew existed, and I see this blossoming in the girls who started it with me last year."

Being a "Derby Diva" takes a lot of her time. "My time gets really taken up as to the fact that as Founder of our organization, I have lots of extra duties in addition to those of a skater."

The league practices at least twice a week for a minimum of two hours each time. Skaters are also required to spend another hour at the gym and perform volunteer duties for the organization.

"As a skater the practices are fulfilling as to we can work our stress on the track and physically improve ourselves," said Vicki, who admits injuries do occur. "I myself have cracked my tailbone, cracked ribs on the right side, recieved a broken nose and concussion in one night, cracked my ribs on the left side, and I can't even begin to count the pulled, strained muscles, the 'road-rashes,' and all the other minor injuries! But it has all been worth it! I LOVE roller derby and I love my true derby sisters!"

Despite the time she spends in the spotlight, Vicki is proud of her biggest cheerleaders: husband of

13 years, Jeff; daughter, Bailey, 12; and son, Spencer, 4 1/2.

Jeff works full time for the SD National Guard and helps out with Rushmore Rollerz and is known as "Shampoo Boy" at Coats and Tails.

"Without him I am not sure how alot of our gear would get hauled around without hiring a moving service," Vicki joked. "(My family members) are my biggest fans and I hope that I inspire them to achieve whatever they set out to do."

When she has time to sit, Vicki enjoys reading, especially authors Clive Cussler, Kelley Armstrong, and Charlaine Harris.

"I also LOVE naps," she said. "Oh, and as silly as this is, I LOVE peace and quiet and having nothing to do but veg out with the remote in my hand, a snugly blanket, and my sofa."



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NEXT MEETING

July 8 at 11:45 a.m.
at Rushmore Plaza Civic Center

GREETERS

Cheryl Carlton, Re-Set;
Ranae Wolfe, DJ's Boutique;
Dee Schrier, DJ's Boutique; and
Brandy Small, Great Western Bank

BUSINESS TABLES

Helen Millar, E&J Specialties; and
Stacey Fenske, 1 Stop Box

*Guests are welcome to attend up to two
meetings as non-members.
For reservations, please call 393-7292 or
e-mail
reservations@rcwomensnetwork.org by noon
Friday, July 3.*

NEXT BOARD MEETING

July 15 at noon at The Beanery.

NEXT MEMBERS-ONLY MIXER

September 2009

DO I KNOW YOU? — Many members have a photo with their listing on the online directory. If you would like your photo posted, contact Jen Blake at jennifer@jabpublish.com or call 393-2526.

**NOTES &
ANNOUNCEMENTS**



DO YOU HAVE A RESERVATION? — Those who show up without reservations can expect to pay an additional \$5 fee. Please make your reservation on time.

SCHOLARSHIPS — Applications for the fall round of scholarships are due August 1. Contact Rosemary Harvey at 391-9660 for an application.

TO MAKE A RESERVATION — Make your reservation for lunch by calling Jolee Wolf at 393-7292, e-mailing her at reservations@rcwomensnetwork.org or using the message board on the website.

ADVERTISE NOW — Ads are currently being accepted for the 2009-2010 Women's Network Directory. Color spots are on a first come/first served basis. Contact Ann Henrichsen at 390-3463 for details.

DON'T CLUTTER THE TABLES — Please feel free to place literature on the dining tables that are 3x5 or smaller. Larger pieces can be placed on the literature table at the back of the room. Thank you!

WHEN TO STOP — In order to keep our meetings to the allotted time, please don't get in line after the President.

LITERATURE TABLES — Members may put out flyers for their business of event and free samples on the table in the back. However, do not display products for sale.

ACCEPTING BIDS — Bids are being accepted for the following jobs: publication of the Networker; publication of the 2009-2010 Directory; printing of the 2009-2010 Directory; and Web Master. See a board member for details.

MEETING FEES — Remember, buying an annual, semi-annual or quarterly meeting pass does save you money in the long run. On the other hand, if you miss a meeting, you do not get to carry the savings on. If you can't make the meeting, you do not get to add a month to the end of your plan.

Door Prize Winners

August Spotlight Winner: Tammy Schlechter

June 50/50 winner of \$42.00: Connie Brash

Linda Rabe, Rapid City Area Chamber of Commerce

* Chamber Portfolio & Free Mixer Pass for Two, won by Sharon Faiman

Marsha Humphreys, Your Eyes Only Optical

* Eyeglass Case that Holds TWO Pair of Glasses, Lens Cleaner and Cloth, won by Rosemary Harvey

JoAnne Schriver, Black Hills Workshop

* Set of Five Original Art Notecards from the Suzi Cappa Art Center (2), won by Bernie Steichen and Peggy Schlechter

Denise Willis, New Neighbors Welcome Service

* \$25 Gift Certificate to Emy's Salon, won by Marlene Maude

Sharon Faiman, Forget-Me-Not Floral

* Black Magic Rose in a Vase, won by Avis Tellinghuisen

Ann Henrichsen, Black Hills Faces Magazine

* One-Year Subscription, won by Darlene Kremer

Ranae Wolfe, DJ's Boutique

* Umbrella, won by Joanna Cannon

Jodi Enderson, Jodi Enderson Agency Farmer's Insurance

* Home Organizer CD with Digital Child ID, won by Ann Henrichsen

* Family Sign, won by Paula Downen

Katrina Mattke, Shaklee Nutrition & Wellness

* \$20 in Free Products, won by Robin Buckingham

Chantelle Emond, Integrity Massage

* Gift Certificate for a Half-hour Barefoot Massage, won by Lorie Healey-Barnes

Darlene Kremer, Kirk Funeral Home

* \$10 Minerva's Gift Card, won by Vicki Urban

Bonnie Reese, BJ's Balancing Act

* 6-inch Chocolate Chip Cookie from Eileen's and a Gift Certificate Good Toward your Invoice, won by Shelley Dykstra

Lorie Healey-Barnes, Royal Wheel Alignment

* Breast Cancer Canle and Pin, won by Stacey Wollman

Joanna Cannon, Super-Lube Oil Change

* "Car Care Package" including a Free Oil Change, A Free Tire Rotation Service and a Free Automatic Car Wash, won by Dawn Williams

Dr. Kate Haave, Wilson Park Dental

* Two Complimentary Oral Exams, Pen, Tooth Brush, Gift Certificate to Alternative Fuel Coffee House, Lip Balm and Dental Floss, won by Angela Franks

Kyla Wright and Deb Worley, Ketel Thorstenson

* KTLLP Umbrella, won by Jodi Enderson

Kathie Pike, Modern Woodman of America; Tastefully Simple; SendOut Cards

* Cool and Creamy Cucumber Dip, won by Barbara Bom

Ellie Hornyak, JoEll Travel.com

* Mystery Gift, won by Sande Lofberg

Connie Forstner, Arrowhead Country Club

* Two Rounds of Golf, won by Denise Willis

Dianna Fuchs, National Write Your Congressman

* Patriotic Candle Holder, won by Dodee Hill

* Patriotic Plate with Brownie Bites and Pocket Calendar, won by Heather Morijah

Vesta Wells Johnson, CDR & Body Balance

* "The Moon is Hiding" CD, won by Carol Perrigo

* "Songs My Mother Loved" CD, won by Cheryl Jarding

Vicki Urban/Pinkee B. Witch, Rushmore Rollerz

* Mini Yellow Rose Bush, won by Marina Schad

Cheryl Jarding and Mary Williams, WDT

* T-Shirt, Pizza Cutter, Folder, Water Bottle and Letter Opener, won by Ranae Wolfe

Tammy Jo Schlechter, Silpada Designs

* Some Sparkle for "Summer Sizzle": Sterline Silver Drop Earrings, won by Kyla Wright

Dr. Mary Roth, Wilson Park Dental

* Two Complimentary Oral Exams, Pen, Tooth Brush, Two Elks Theatre Movie Tickets, Lip Balm and Dental Floss, won by Ellie Hornyak

A Thank You Letter to the members of WNRC

Thank you for Joining.

Thank you for Participating.

Thank you for Welcoming guests and new memebbers.

Thank you for the many Gifts you bring.

Thank you so much for taking that Extra Step by doing a business table, being a greeter, volunteering for christmas committee and other social committees, bringing guests, buying 50/50 tickets, etc., etc., etc..

The MORE we put into an organization,
the MORE we get out of the organization.

Your Energy makes our organization a SUCCESS.

THANK YOU EVERYONE!!

Shelley A Dykstra, President